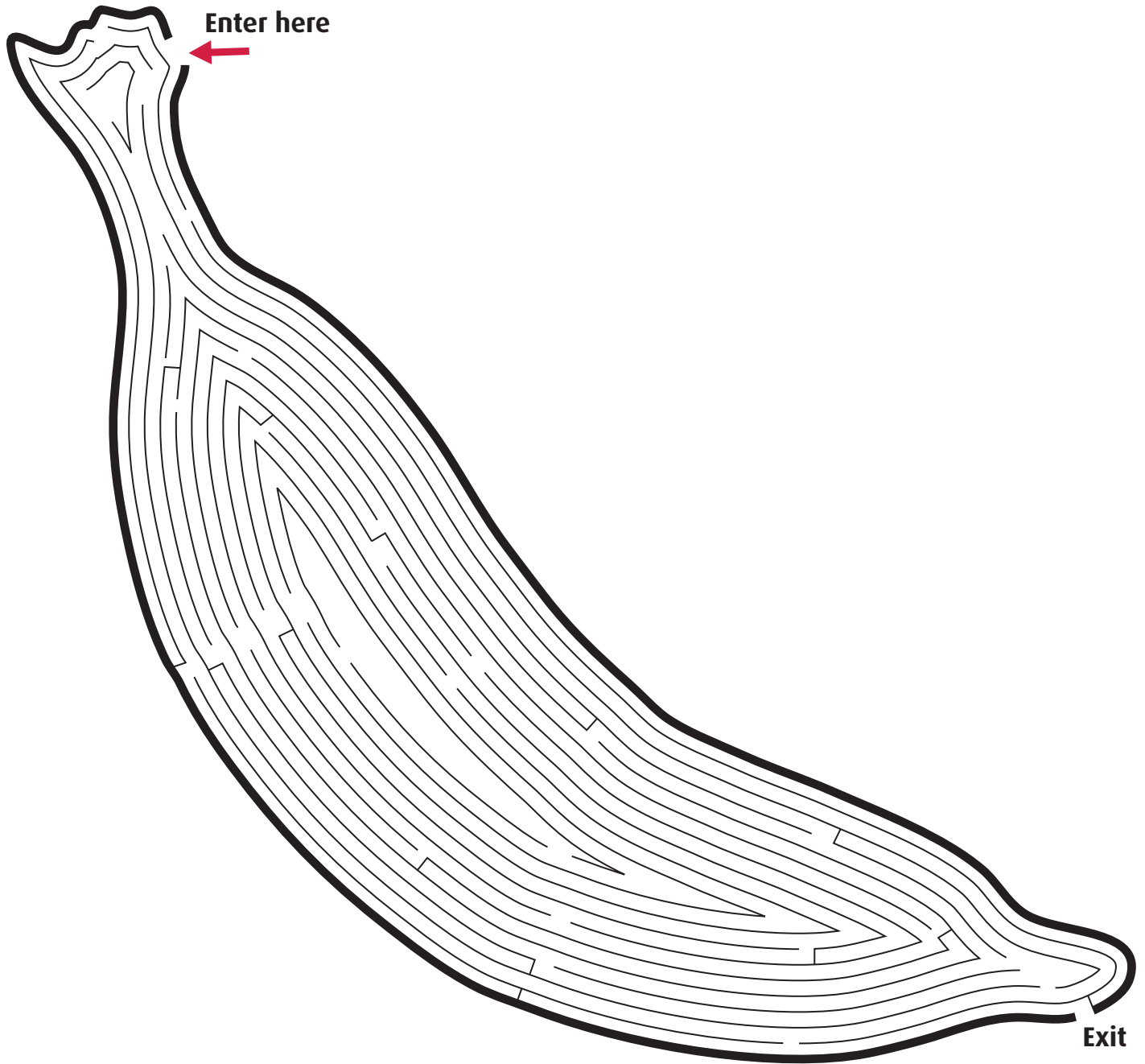




# Banana Maze



## Facts

- ❏ Bananas don't grow on trees. They're actually a giant herb.
- ❏ Bananas are one of the few foods to contain the 6 major vitamin groups.
- ❏ If you peel a banana from the bottom up you won't get the string things.
- ❏ Those stringy things are called phloem (pronounced FLOM).
- ❏ The word banana comes from an Arab word "banan" meaning finger.
- ❏ An individual banana is called a finger. A bunch of bananas is called a hand.

At FreshLife® everything happens naturally. Our passion means our dried fruit, nuts & seeds are carefully picked from the very best growers in Australia and beyond.