



# Nut Search

- HAZELNUTS
- SNACK
- ENERGY
- MACADAMIAS
- DELICIOUS
- TASTY
- RAW
- BRAZILNUTS
- CRISP
- CRUNCHY
- CASHEW
- SCRUMPTIOUS
- ALMONDS
- WALNUTS
- PEPITAS
- PINENUTS

C	O	O	Y	Z	H	I	T	W	J	J	C	J	K	D	X
A	E	C	Y	S	O	P	E	P	I	T	A	S	E	V	P
S	R	U	M	F	T	S	E	C	U	I	U	K	O	C	I
H	A	N	A	D	E	L	I	C	I	O	U	S	O	R	N
E	W	E	C	O	R	O	P	N	V	X	F	F	E	I	E
W	B	C	A	K	K	L	R	M	E	S	I	G	I	S	N
S	K	H	D	R	S	U	H	M	O	O	C	P	L	P	U
H	N	E	A	S	C	R	U	M	P	T	I	O	U	S	T
A	I	Y	M	C	J	E	K	P	S	N	N	Y	A	Y	S
Z	O	N	I	R	H	E	N	E	R	G	Y	P	E	N	N
E	F	O	A	U	B	R	A	Z	I	L	N	U	T	S	O
L	Y	I	S	N	I	H	W	F	S	R	M	S	U	U	E
N	Y	P	Q	C	Q	P	F	U	N	I	D	P	A	T	M
U	O	U	U	H	U	F	N	N	A	O	N	E	D	A	F
T	D	C	X	Y	A	C	O	O	C	Z	J	O	T	S	I
S	T	M	O	M	P	A	D	M	K	A	T	I	A	T	U
W	A	L	N	U	T	S	A	L	M	O	N	D	S	Y	G

## Facts

- 🌱 Macadamias are sometimes called 'the Queen of Nuts'.
- 🌱 Almonds are related to peaches, plums, cherries and apricots.
- 🌱 Brazil nut pods are heavy and fall from the tree when ripe, which can make collecting them very dangerous!
- 🌱 Walnuts were originally from Persia and were called 'the nut of Jupiter' by the Greeks, who considered them a food fit for the gods.

At FreshLife® everything happens naturally. Our passion means our dried fruit, nuts & seeds are carefully picked from the very best growers in Australia and beyond.