



Snack Search

ANYWHERE

E U J A P I E F F E I D N

QUICK

R E V I T A L I S E D B Y

SNACK

I N V P T V V P E I E E O

NUTS

U O D H A A D T N W L N G

ENERGISE

U I T E Y O I J U M I E H

DELIGHTFUL

A H T R D C V M T I G R U

YOGHURT

N R S Y K I F U S X H G R

MIX

Y V E E F S Y N Y I T I T

BOOST

W Q T R E A T C S R F S U

REVITALISE

H U O E M T P H E I U E I

TREAT

E I B O O S T I B U L B E

MUNCHIE

R C S N A C K E X O O S D

E K D V M A Y C W S U I Y

Facts

- There are more than 100 varieties of bananas, some even have red skin.
- It takes more than 4 tonnes of grapes to produce 1 tonne of raisins.
- Sailors on long voyages knew they could eat cranberries to protect themselves from scurvy.
- Brazil nuts grow in tropical South America inside hard, woody coconut-sized shells that weigh about 5 pounds each and contain 15 to 25 nuts.

At FreshLife® everything happens naturally. Our passion means our dried fruit, nuts & seeds are carefully picked from the very best growers in Australia and beyond.